

# The beauty around me

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I have traveled to 11 countries and met different people, I have learnt that millions of people are extremely poor while millions are unbelievably rich. It is a sad reality. However, as Anne Frank said, “I don’t think of all the misery but of the beauty that still remains.”

When I was in Italy, I heard people talking about famous chef Massimo Bottura. He owns a very fine restaurant in Modena, Italy. Bottura thinks food waste is a huge global issue. Each year, around one third of food is wasted or lost. That’s around 1.3 billion tons. According to him, if a quarter of food was saved, it could feed 870 million people. He set up a soup kitchen in 2015 and cooked meals from garbage bins. He has now opened seven restaurants for the homeless around the world.

Here in Montreal, Jean-François Archambault founded la Tablee des Chefs in 2003 to rescue leftover food from hotels and restaurants and feed the poor and hungry in Montreal. The process has strict hygiene and food safety requirements. La Tablee des chefs has now expanded to other cities in Canada and even to Mexico and Paris.

Those beautiful souls who do good things are our heroes. They inspire us to do all the good that we can do to make our world more beautiful.